

WAKEFIELD

JESSICA MINAHAN, M.ED. BCBA EFFECTIVE STRATEGIES FOR STUDENTS WITH ANXIETY

WHAT

We are thrilled to welcome Ms. Minahan to our community to talk about strategies that help students cope with anxiety.

“The National Institutes of Health (NIH) reports that one in four thirteen-eighteen year olds has had an anxiety disorder in their lifetime. Without intervention, these children are at risk for poor performance, diminished learning, and social/behavior problems in school. Understanding the role anxiety plays in a student’s behavior is crucial and using preventive strategies are key to successful intervention.”

Wednesday, April 13, 2016, 7pm

Galvin Middle School, Learning Common
525 Main Street, Wakefield, MA 01880

RSVP: wakefieldsepac@gmail.com

Jessica Minahan is a board-certified behavior analyst (BCBA), author and special educator. She has worked with students who exhibit challenging behavior both at home and in school. She specializes in training staff and creating behavior intervention plans for students who demonstrate explosive and unsafe behavior. She also works with students who have emotional and behavioral disabilities, anxiety disorders, or high-functioning Autism.

Jessica is currently an adjunct professor at Boston University, as well as an independent consultant to schools nationwide. She holds a BS in Intensive Special Education from Boston University and a dual master’s degree in Special Education and Elementary Education from Wheelock College. She has a certificate of graduate study (CGS) in teaching children with Autism from the University of Albany and received her BCBA training from Northeastern University in Boston. She is sought-after internationally to speak on subjects ranging from effective interventions for students with anxiety to supporting hard-to-reach students in full-inclusion public school settings.

www.wakefieldsepac.org

ALL STUDENTS,
ALL SCHOOLS



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