COMPREHENSIVE SYSTEM OF PERSONNEL DEVELOPMENT

Region II CSPD coordinates personnel development to meet the diverse needs of all children and youth in our unique region.



Region II CSPD

Our presenter:

Jessica Minahan is a board certified behavior analyst and special educator, doctoral student, as well as a consultant to schools internationally. Jessica has over seventeen years of experience supporting students who exhibit challenging behavior in urban public school systems.

Jessica is the co-author of:

The Behavior Code

and the author of:

The Behavior Code

Companion:

Strategies, Tools and

Interventions for Supporting Students with

Anxiety-Related or

Oppositional Behaviors

For more information on these publications go to: www.jessicaminahan.com

REGION II CSPD
PO Box 7791
Havre, MT 59501
Phone: (406) 395-8550 ext. 671Fax (406) 265-8460

REGION II CSPD

Presents:

Practical & Effective Strategies for Students with Anxiety

Jessica Minahan, M. Ed. RCRA

FREE TRAINING FOR:

General and Special Educators, Paraprofessionals, Agency Personnel, Parents and others who work with children

> March 26, 2020 Hampton Inn

Hampton Inn Great Falls, MT

PRACTICAL STRATEGIES **FOR STUDENTS WITH** ANXIETY

Schedule

8:00-8:30 Sign in 8:30-11:30 Morning Session 11:30-12:30 Lunch on Your Own 12:30-3:30 Afternoon Session

Practical Strategies for Students with Anxiety

With up to one in four children struggling with anxiety in this country, overwhelmed adults are in need of a new approach as well as an effective and easy-toimplement toolkit of strategies that work.

Through the use of case studies, humorous stories, and examples of common challenging situations, participants will learn easy to implement tools, strategies, and interventions for reducing anxiety, increasing self-regulation, accurate thinking and self-monitoring in students.

6 OPI Renewal Units available at this training

Participation by individuals from outside of Region II is welcome. Region II consists of the counties of Cascade, Teton, Pondera, Toole, Glacier, Liberty, Hill, Blaine, and Chouteau.

> Register online at www.havre.k12.mt.us Click on the CSPD icon Click on link to formsite page

REGISTRATION FORM

Aileen Couch, Coordinator	CON II COD	PO Box 7791	Havre, MT 59501 Phone: (406) 395-8550 ext. 6714	Fax (406) 265-8460	Email - cspd@blueponyk12.com		Please note:
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		dress:	Zip Code through March 23, 2020	As a professional courtesy, please con-	tact our office if you need to	ering by phone or email, please include all of the above information.
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Position or Title: