## **Strategies for Kids with Anxiety**

**Presented by Jessica Minahan** 

October 12, 2017
6 PM
The Bridge Center
470 Pine St.
Bridgewater, MA



Understanding the role anxiety plays in a student's behavior is crucial and using preventive strategies are key to successful intervention. Easy to implement preventive tools, strategies, and interventions for reducing anxiety and increasing selfregulation, executive functioning and selfmonitoring will be discussed.



Please visit The Bridge Center website to register for child care.

Registration ends Monday, October 2, 2017.

www.bridgectr.org

Facebook: Bridgewater Raynham Special Education Parents Advisory Council (Public Group)

E-mail: <u>kwaskiel@hotmail.com</u> to confirm you are attending Meeting at 6 pm, Presentation at 6:30 pm

ALL ARE WELCOME!!