



Practical Strategies for Reducing Anxiety & Defiant Behavior in the Classroom, presented by JESSICA MINAHAN, M.Ed., BCBA

Friday, June 12, 2020 (8:00 AM – 3:00 PM)

Session: 20-RADB01

Description: With up to one in four children struggling with anxiety in this country, overwhelmed adults are in need of a new approach as well as an effective and easy-to-implement toolkit of strategies that work. Through the use of case studies, humorous stories, and examples of common challenging situations, participants will learn easy to implement preventive tools, strategies, and interventions for reducing anxiety, increasing self-regulation, accurate thinking, and self-monitoring in students.

Audience: General education teachers, special ed teachers, counselors, school psychologists, administrators, OTs, SLPs, paraprofessionals and school nurses.

Presenter: Jessica Minahan, MEd, BCBA, is a licensed and board-certified behavior analyst, special educator, as well as a consultant to schools internationally (www.jessicaminahan.com). Jessica has over seventeen years of experience supporting students who exhibit challenging behavior in urban public school systems. She is the co-author of *The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students* (Harvard Education Press, 2012) and author of *The Behavior Code Companion: Strategies, Tools, and Interventions for Supporting Students with Anxiety-Related or Oppositional Behaviors* (Harvard Education Press, 2014).

Location North River Conference Center, 525 Beech Street, Rockland, MA 02370

Register by June 5, 2020 Register online: SmartPD link at <https://app.smartedu.net/nrc/pd/>, or email or fax.

Registration Fee \$179 members; \$199 nonmembers. Lunch is on your own. Bring a bag lunch or order from menus for delivery.

Hours/PDPs 6 hours. PDPs can be applied to Special Education

Group Registration Form

Registration must be received by the stated Registration deadline. All registrations will be confirmed by email.

Course Title	Practical Strategies for Reducing Anxiety and Defiant Behavior in the Classroom				
District		Session #	20-RADB01		
Payment	<input type="checkbox"/> Purchase Order # _____		<input type="checkbox"/> Check (payable to North River Collaborative)		
First Name	Last Name	Position	School	Phone	School E-Mail* (print clearly)

*Email is required. Confirmation of registration and subsequent communications are sent by email.

Cancellation Policy: Refund can be issued provided notification of a participant's cancellation emailed to kbeck@nrcollab.org is received no less than fifteen (15) days before the workshop date. Registrants canceling after the registration deadline and no-shows are liable for the full registration fee. NRC reserves the right to cancel or postpone under enrolled workshops.

Questions? Call 781-878-6056: Kimberly Beck x102, email kbeck@nrcollab.org OR Margie Kenney x155, email mkenney@nrcollab.org



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Register Online: SmartPD link <https://app.smartedu.net/nrc/pd/>
Register by FAX: Almshouse Office fax [781-982-9787](tel:781-982-9787)

Mail registration payment to:
North River Collaborative (attn: Professional Dev.)
198 Spring Street, Rockland, MA 02370