



ASAHA of North Jersey

Presents Our Fourteenth Annual Spring Conference
In Honor of Joe Gorga

Everyday Challenges

Reducing Anxiety in the Classroom

Keynote: Jessica Minahan

Friday, March 23, 2018

At

Chapel Hill Academy

31 Chapel Hill Rd, Lincoln Park, NJ 07035

8:30am-2:00pm

Keynote by noted author, renowned lecturer and coach: Jessica Minahan: Jessica's goal since 2000, has been to help clinicians, teachers and parents identify and understand the variables that cause students to act inappropriately. She shows how commonplace school factors, as well as the student's underdeveloped skills, contribute to his or her challenging behaviors. Jessica provides professionals with time tested interventions that will lead their students to more appropriate, constructive behaviors in and out of school.

Workshop Descriptions:

- A. Everyday Challenges Reducing Anxiety in the Classroom- Jessica Minahan**-small group follow up and discussion of the keynote presentation.

- B. Mission Impossible- Cornell Thomas**-the most important question you can ask is why. The older we get the less curious we become. We begin to accept what we are told, and stop asking why. Dive into the challenges that we as professionals and our students face.

- C. The Next Generation Science Standards- Eva M. Ogens, Ed.D**-an overview of the NJ Student Learning Standards- (The Next Generation Science Standards) and a sample lesson in which participants can experience the paradigm shift in how science should be taught.

- D. Mindfulness for Kids and Caretakers- Dr. Frank Sileo**-is a presentation will discuss mindfulness, the benefits and types of mindfulness practice. The seven Core Attitudes of mindfulness, supporting research and the effect on the brain will be discussed. Dr. Sileo will specifically discuss mindfulness with teachers and students and techniques to integrate mindfulness in the classroom.

- E. Strategies for Success : Students with Special Needs in the Workplace Supports and Activities Promoting Emotional Regulation–Amy Burgess, Brandy Springer, Ho Ho Kus**- This workshop will introduce the “SCERTS model” as a framework to analyze and problem solve student regulation challenges.

- F. Google Virtual Field Trips- Dan Erhardt ECLC Chatham** -by using a cell phone and a specialized headset, students can experience the opportunity to take teacher guided virtual field trips anywhere in the world. This presentation will cover the procurement process, setup, lesson execution and routine maintenance of Google Expeditions.

- G. Update in School Nursing-Laurie Rufolo**- is an open format to discuss nursing concerns and issues in our schools.

- H. Opioid Epidemic and Naxlozone in Schools- Phyllis Minicuci**-is a workshop designed for school nurses, therapists and administrators only. Learn to identify the signs and symptoms of an opioid overdose.

- I. Theatre Approaches for the Classroom- Nadine Bernard**- using theatre games and exercises in the classroom helps develop the socio-emotional skills of empathy, social and self-awareness, and conflict resolution.

- J. Found Poetry -Judy Raybon, Collier-** Participants will create a poem by collecting random words from magazines and gluing onto a background. The poems are often an expression of our sub-conscious or an emotional release.
- K. “Plein Air Painting”- Judy Raybon, Collier-** Participants will have the opportunity to use paint to respond to their presence in the physical environment.
- L. The Role of the Paraprofessional- Michelle Radosti – Erin Miceli, Phoenix Center-** will review and refine skills required for success when working in the classroom and with students as a paraprofessional. Topics will include: a variety of prompting techniques and prompt hierarchy, various methods of data collection, implementation of behavior plans and sensory diets.
- M. Learning Centers in a Functional Classroom- Ashley Agresti, Phoenix Center-** This workshop will explain the benefits to the utilization of learning centers as an instructional tool, within a functional classroom setting. This course will offer ideas on how you can incorporate this useful teaching tactic within your classroom or therapeutic setting.
- N. ABA and Transitioning to Specials- Alexis Somers, Hand Over Hand-** Come on a journey with us as we give you the basics to ABA for classroom management, structured work sessions, and data collection. You will leave feeling purposeful and confident in your new skills and loaded with new ideas for a successful, data driven classroom.
- O. Don’t Be Pushy: An Integrative Model to Therapeutic Service- Melissa Lace and Tracy Lee of the Gramon Family of Schools-** Push-in therapy refers to physical, occupational and speech therapy sessions integrated in a student centered approach. The questions of “How do we know when students have generalized skills?” and “What does it mean to be independent?” will be discussed.
- P. Clinicians Roundtable- Danielle Taylor Y.A.L.E School-** is an open forum to share ideas, concerns and to prompt dialog amongst clinicians and counselors.
- Q. Suicide Awareness for Educators- Mary Vineis-** is a training that addresses the critical but limited responsibilities of educators in the process of identification and referral of potentially suicidal youth. It focuses on the practical realities and challenges inherent in a school setting.
- R. Youth, Social Media and Social, Emotional Empathy- Mary Vineis-** addresses the digital world our students are exposed to and how to instill empathy and responsible behavior around the social media connectedness that they are growing up with.

PARTICIPANT REGISTRATION FORM

Please fill out one form for each person attending workshop(s).

PLEASE PRINT:

Your organization/School Name: _____

Address: _____

Name of Attendee: _____

Phone Number: _____

Email Address: _____

Please check the workshop(s) you will be attending:

Session 1 Session 2

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| _____ | _____ | A. Meeting Everyday Challenges- Jessica Minahan |
| _____ | No Session | B. Mission Impossible- Cornell Thomas |
| _____ | _____ | C. The Next Generation Science Standards- Eva Ogens |
| _____ | _____ | D. Mindfulness for Kids and Caretakers- Dr. Frank Sileo |
| _____ | _____ | E. Strategies for Success- Amy Burgess, Brandy Springer |
| _____ | _____ | F. Google Virtual Field Trips – Dan Erhardt |
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Box Lunches Available- Pick One

_____ **Turkey and Swiss** _____ **Tuna Salad** _____ **Chicken Caesar Wrap** _____ **Veggie Wrap**
_____ **None**

Registration Fee: \$50 per person for Continental Breakfast, Keynote, Workshop(s), Snacks & Box Lunch

Please return this form along with your check or money order made out to: ASAH Region II Conference
You may combine your attendees into one check or money order!

Chapel Hill Academy
170 Changebridge Road, C5-3, Montville, NJ 07045 (Business Office Location)

****Conference Address: 31 Chapel Hill Road, Lincoln Park, NJ 07035**