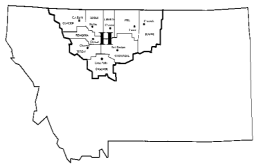


COMPREHENSIVE SYSTEM OF PERSONNEL DEVELOPMENT

Region II CSPD coordinates personnel development to meet the diverse needs of all children and youth in our unique region.



Region II CSPD

Our presenter:

Jessica Minahan is a board certified behavior analyst and special educator and Director of Behavioral Services at NESCA-Newton (MA), as well as a school consultant to client's nationwide. Jessica has over sixteen years experience supporting students who exhibit challenging behavior in urban public school systems. She is an adjunct professor at Boston University, a blogger on Huffington Post and an author.

Jessica is the author of
The Behavior Code
And
The Behavior Code
Companion:
Strategies, Tools and
Interventions for Supporting
Students with
Anxiety-Related or
Oppositional Behaviors

For more information on
these publications go to:
jessicaminahan.com

REGION II CSPD
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REGION II CSPD

Presents:

Accepting the Challenge: Practical & Effective Strategies for Students with Anxiety

Jessica Minahan, M. Ed, BCBA

FREE TRAINING FOR:

*General and Special Educators,
Paraprofessionals, Agency Person-
nel, Parents and others who work
with children*

August 2, 2017

Hampton Inn
Great Falls, MT

August 3, 2017

Fifth Avenue Christian Church
Havre, MT

**PRACTICAL STRATEGIES
FOR STUDENTS WITH
ANXIETY**

Schedule

8:00-8:30 Sign in
8:30-11:30 Morning Session
11:30-12:30 Lunch on Your Own
12:30-3:30 Afternoon Session

Practical Strategies for Students with Anxiety

The National Institutes of Health (NIH) reports that one in four thirteen-eighteen year olds has had an anxiety disorder in their lifetime. Without intervention, these children are at risk for poor performance, diminished learning, and social/behavior problems in school. Understanding the role anxiety plays in a student's behavior is crucial and using preventive strategies are key to successful intervention. Effective behavior plans for these students must avoid the reward and punishment-based consequences from traditional behavior plans and focus instead on the use of preventive strategies and on explicitly teaching coping skills, self-monitoring, and alternative responses. As a result of this workshop participants will be able to easily implement preventive tools, strategies, and interventions for reducing anxiety, increasing self-regulation, executive functioning and self monitoring.

**6 OPI
Renewal Units
available at
this training**

Participation by individuals from outside of Region II is welcome. Region II consists of the counties of Cascade, Teton, Pondera, Toole, Glacier, Liberty, Hill, Blaine, and Chouteau.

**Register online at www.havre.k12.mt.us
Click on the CSPD icon
Click on link to formsite page**

Aileen Couch, Coordinator
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Fax (406) 265-8460
Email - cspd@blueponyk12.com

**Please note:
Registrations for the workshop taken
through July 28, 2017**

**As a professional courtesy, please con-
tact our office if you need to
cancel your registration.**

REGISTRATION FORM

Please check the workshop you will be attending.

- August 2, 2017-Great Falls, MT
 August 3, 2017-Havre, MT

Name _____
Position or Title: _____
Agency/District: _____
Mailing Address: _____
City: _____ Zip Code _____
Telephone: _____
Email: _____

When registering by phone or email, please include all of the above information.