



***Between a Rock and a Hard Place:
Effective Strategies for Students with Anxiety-Related Behavior***

**Presenter: Jessica Minahan, M.Ed, BCBA, Author, Special
Educator**

Monday, May 22, 2017

6:30 p.m.

Quincy High School

Adams Lecture Hall

100 Coddington Street, Quincy

We are very excited to welcome Jessica Minahan, for this informative parent workshop on the topic of anxiety in school age children.

Topics to be discussed:

-Preventive strategies

-Coping skills

-Self-monitoring

Jessica Minahan, MEd, BCBA, is a board certified behavior analyst and special educator and a consultant to schools nationwide (www.jessicaminahan.com). Jessica has over seventeen years of experience supporting students who exhibit challenging behavior in urban public school systems. She is a blogger on The Huffington Post, as well as the author of *The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students*, with Nancy Rappaport (Harvard Education Press, 2012) and author of *The Behavior Code Companion: Strategies, Tools, and Interventions for Supporting Students with Anxiety-Related or Oppositional Behaviors* (Harvard Education Press, 2014).

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