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**Between a Rock and a Hard Place:**  
**Effective Strategies for Students with Anxiety-Related Behavior**

**Presenter: Jessica Minahan, M.Ed, BCBA, Author, Special Educator**

**Monday, October 24, 2016 at 7:00 PM**  
**Easton Middle School Auditorium**  
**98 Columbus Ave., North Easton, MA 02356**

**Easton SEPAC is very excited to welcome Jessica Minahan, for this informative parent workshop on the topic of anxiety in school age children.**

**Topics to be discussed:**

**-Preventive strategies**

**-Coping skills**

**-Self-monitoring**

**For more info please visit: [http://jessicaminahan.com/speaking-topics/](http://track.spe.schoolmessenger.com/f/a/fWA_NpmJBRUMJj_02uSRnA~~/AAAAAQA~/RgRZ1AyYP0EIAGv1ZHGI995XB3NjaG9vbG1YBAAAAABCCgABGNnyVxwibzdSGlJhY2hlbGFsdGVybWFuQGNvbWNhc3QubmV0CVEEAAAAAEQqaHR0cDovL2plc3NpY2FtaW5haGFuLmNvbS9zcGVha2luZy10b3BpY3MvR6V7ImVudiI6InByb2QiLCJzaGFyZGlkIjoiMiIsImN1c3RvbWVyaWQiOiIyNjQwIiwicGVyc29uaWQiOiIxOTEiLCJzZXF1ZW5jZSI6IjAiLCJlbWFpbFNvdXJjZSI6IkNVU1RPTUVSX0pPQiIsInNlbnRUaW1lTXMiOiItMTkzNTcyMTc5OSIsInVzZXJpZCI6IjIxIiwiam9iaWQiOiI0ODU3In0~" \t "_blank)**

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**We appreciate RSVP’s to [eastonsepac@gmail.com](mailto:eastonsepac@gmail.com" \t "_blank)  however, drop-ins are always welcome.**

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